



*Experience the thrill of O  
at a park near you on*

# National Orienteering Day



**The Third Saturday in September**

*Orienteering is an exciting and challenging sport that calls upon your ability to navigate in the woods or park. Between checkpoints marked on your map, you choose your own route – around the hill on a trail or cross-country over the top. All agree, though, O is the way to go.*

For more information, please visit our website at [www.us.orienteering.org](http://www.us.orienteering.org).

***Try O at Oak Mtn State Park on Sept. 18th from 10am to noon.***

The park is just off I-65 at exit 246 Pelham. Just follow the signs to the park.

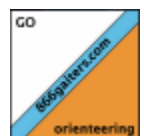
Look for the orienteering signs to the start location in the park.

visit [www.vulcanorienteering.org](http://www.vulcanorienteering.org)

***Hosted by the Vulcan Orienteering Club and USOF  
No map fees for first time orienteers on beginner course***



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